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Burlington

The Burlington Academy Gives Back With The Children's Optimum Health And Wellness Fair

School Stuff

Submitted by Joanne Bates , The Burlington Academy of Learning, on 2010-05-19.

The Burlington Academy of Learning celebrated the 09-10 School Year with its first annual "Children's Optimum Health and Wellness Fair."

All of the teachers and staff were on hand to give back to the parents and the community by hosting this event. The children danced the morning away to music courtesy of DK Productions while parents were able to meet and greet numerous health professionals from within the community.

The focus was on early intervention and prevention of health and well being issues that can arise in early childhood.



Sheila Alderi

Fun and the Health and Wellness Fair.

Kelly Massucci, M.Ed, OTR/L and Fran Massucci of the Talcott Center for Child Development was there to discuss early intervention as occupational, physical and speech therapy is the core of their center.

Colleen Brunetti, M.Ed, Baby Signing Time instructor, was available to discuss sign language and its benefits for children aged birth to 3. Health professionals who shared their time included Lynn Czekai, M.D., a local pediatrician, Kathy Webster, RN, from Midstate Hospital and Sherry VanLiere, CPOA, a para-optometric assistant to Dr. Bartles of Bristol.

These professionals were available to offer guidance and information pertaining to children's health

and overall well-being. Liz Bohmier, MSW, did Yoga demonstrations specifically designed for children.

Sensei Chris Brown and his students from Soaring Crane Studio demonstrated martial arts. Erin Foley shared information regarding Nutrition and Healthy Eating, representing Whole Foods Products. Nauti-Cuts Salon and Day Spa was on hand for hair braiding with information and inquiries regarding massage therapy and other therapeutic wellness services. Face painting, temporary tattoos, an obstacle course and trikes and bikes were available for the children!

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